







Berkshire Combating Drugs Partnership

Lambourn Junction CIC Collaborating to Tackle Substance Use in the Lambourn Valley

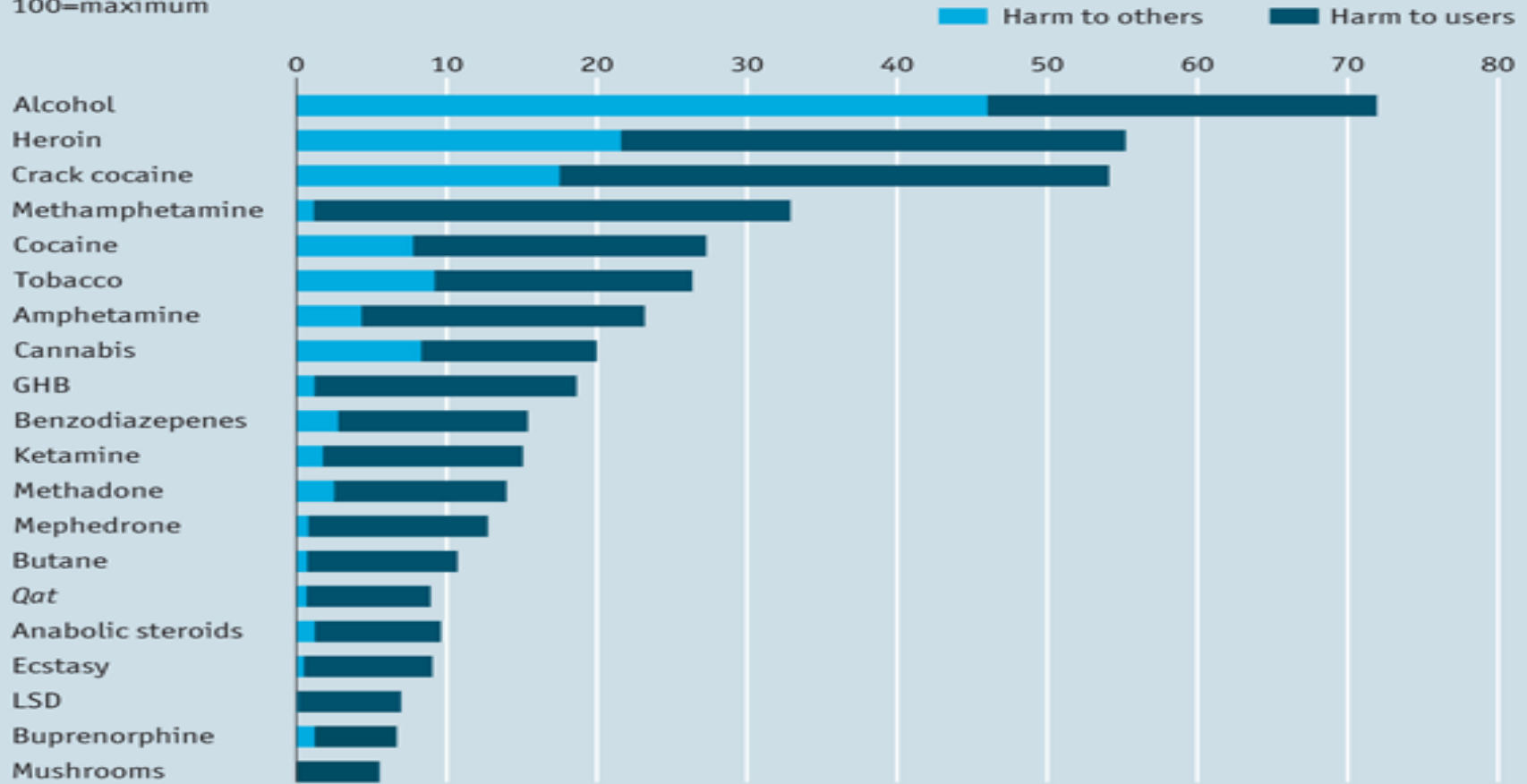


Strategic Outcomes & Metrics		
 Reduce drug use	 Reduce drug related crime	 Reduce drug related deaths & harm
Headline metrics	Headline metrics	Headline metrics
<ul style="list-style-type: none"> Proportion of individuals reporting use of drugs in the last year Estimated prevalence of opiate and/or crack cocaine use 	<ul style="list-style-type: none"> The number of neighbourhood crimes; domestic burglary, personal robbery, vehicle offences and theft from the person The number of homicides that involve drug users or dealers, or have been related to drugs in any way 	<ul style="list-style-type: none"> Deaths related to drug misuse Hospital admissions for drug poisoning and drug-related mental health and behavioural disorders (primary diagnosis of selected drug)
Supporting metrics	Supporting metrics	Supporting metrics
<ul style="list-style-type: none"> Number and proportion of households owed a homelessness duty with a drug dependency need; Rate per population of children of referral & assessments by social services with drugs as a factor; Number of permanent exclusions and suspensions and the proportion that are drug and alcohol related; Proportion of 11-15 year olds who think it is ok to take drugs to see what it is like, and think it is OK to take drugs once a week 	<ul style="list-style-type: none"> Proven reoffending within 12 months; Police recorded trafficking of drugs & possession of drugs offences; Hospital admissions for assault by a sharp object 	<ul style="list-style-type: none"> Hepatitis C prevalence (chronic infection) in people who inject drugs; Number and percentage of people in treatment that have died during their time in contact with the treatment system

Intermediate Outcomes & Metrics		
 Reduce drug supply	 Increase engagement in treatment	 Improve recovery outcomes
Headline metrics	Headline metrics	Headline metrics
<ul style="list-style-type: none"> Number of county lines closed Number of major and moderate disruptions against organised criminal groups 	<ul style="list-style-type: none"> Continuity of Care: engagement in community-based structured treatment within three weeks of leaving prison (adults) The numbers in treatment for adults and young people 	<ul style="list-style-type: none"> Showing substantial progress by completing the treatment programme (free of dependent drug use and without an acute housing need) or still in treatment and either not using or having substantially reduced use of their problem substances measured over the preceding 12 months
Supporting metrics	Supporting metrics	Supporting metrics
<ul style="list-style-type: none"> Volume and number of drugs seizures; Number and proportion of National Referral Mechanism (NRM) referrals with a County Lines flag 	<ul style="list-style-type: none"> Number of individuals in treatment in prisons and secure settings; Number of community or suspended sentence orders started with drug treatment requirements; Number and proportion adults starting treatment in the establishment within 3 weeks of arrival (from community or other custodial setting); Unmet need for OCU treatment 	<ul style="list-style-type: none"> Proportion of people in treatment that have reported no housing problems in the last 28 days; Proportion of people in treatment that have reported at least one day of paid work, voluntary work, or training and education in the last 28 days; Proportion of people in treatment reporting a mental health need who received treatment or interventions;

Harm caused by drugs

100=maximum



Source: "Drug harms in the UK", by David Nutt et al. *The Lancet*



What is a drug?

How do they work on your brain?

Where's the harm?

What happens if you mix drugs?

www.drugsand.me

Check how pairs of drugs interact with each other when consumed.

SSRIs + Alcohol = **Dangerous**

We strongly recommend you avoid taking these drugs together, reactions are highly unpredictable and can be fatal. You will likely come to some degree of harm even if you take strong precautions.

LSD	Cannabis	Modafinil	Kratom
GHB	DMT	Mushrooms	Cocaine
Alcohol	Nicotine	Ketamine	Benzodiazepines
2C-B	MDMA	Amphetamines	


Cocaine + Alcohol = **Dangerous**

We strongly recommend you avoid taking alcohol and cocaine together. They will combine to form cocaethylene in your liver, which is harmful to your heart and liver and increases your risk of sudden death^{18,19}.

Mushrooms	Combined pill	Kratom	Paracetamol
Amphetamines	DMT	Aspirin	Cannabis
GHB	Ketamine	LSD	Nicotine
Alcohol	DXM	SSRIs	Benzodiazepines
MAOIs	Opioids	Ibuprofen	Allergy meds
MDMA	Modafinil	Caffeine	Nitrous oxide
2C-X	2C-B		

Let's Talk About Drugs...

- Cannabis
- Nicotine and Vaping
- Ketamine
- Alcohol
- Cocaine

drugs and  me

drugs^{index}

PRANK

[Drugs A-Z](#) [News](#) [▼ Help and advice](#) [Contact](#)

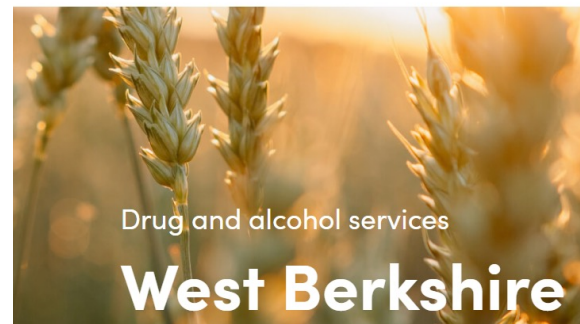
**Honest information
about drugs**

Education not Exclusion, Support not Punishment, Openness not Stigma, Evidence not Ideology

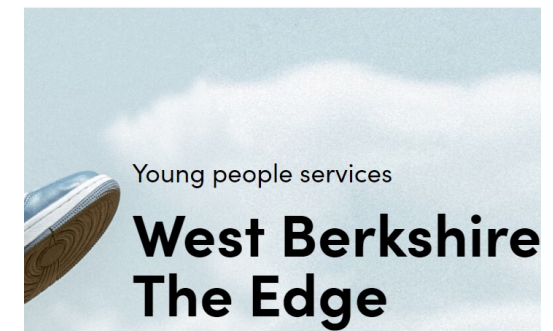
Your local services for schools, young people and adults



v-i-a



v-i-a



Phone: 0300 303 4554

Email: west.berkshire@viaorg.uk



ALCOHOL

CHANGE^{UK}

Help and support

Check your drinking

I Am Sober

Download App

Track your sobriety with a community that understands what you're going through.

Build new daily habits and learn from others who are making changes happen.

Get The App

Community and Connection

Cannabis Clinic for Patients with Psychosis

Specialist clinic supporting people with a diagnosis of psychosis who want to reduce their cannabis use

Alcoholics Anonymous
Great Britain
and English-Speaking Continental Europe

Get Help Now

If you need help with a drinking problem either phone our national helpline FREE on 0800 9177630, contact us by email: help@aamail.org, or talk to us now using the live chat box below. You can also find your local helpline telephone number using the Find a Meeting tool.

[An Invitation to Share - It's Gratitude Week! Contributions](#)

Find a Meeting

To find AA meetings and your local helpline number in Great Britain, and English-speaking meetings in continental Europe please click below.

Search 'online' to see all currently registered online meetings (updated daily)



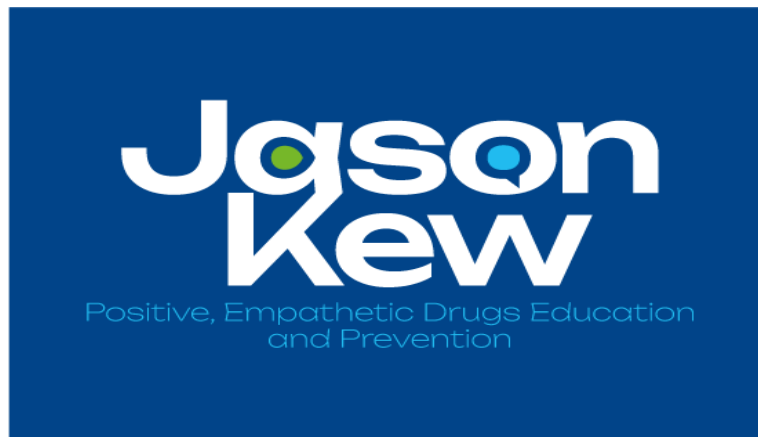
Download the free NHS Quit Smoking app

Conclusion

- Education reduces the demand for drugs
- Education reduces the harms of drugs
- It is often our relationship with the drug which is harmful
- You cannot recover, unless you know what it is that you need to recover from

Need Help?

Reach out to our helpline via our website <https://jasonkew.com/> in collaboration with The DSM Foundation.



DSM foundation
The drug education charity



www.jasonkew.com
07733 487 282



Useful Links



[From harm to hope: a 10-year drugs plan to cut crime and save lives \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

[Guidance for local delivery partners \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

